

# BACKPACKING GEAR LIST

## The 10 Essentials

- |   |   |
|---|---|
| <input type="checkbox"/> Pocketknife or multipurpose tool         | <input type="checkbox"/> First-aid kit          |
| <input type="checkbox"/> Extra clothing                           | <input type="checkbox"/> Rain gear              |
| <input type="checkbox"/> Flashlight or Headlamp (extra batteries) | <input type="checkbox"/> Water bottle           |
| <input type="checkbox"/> Map & compass                            | <input type="checkbox"/> Matches & fire starter |
| <input type="checkbox"/> Sun protection & sunglasses              | <input type="checkbox"/> Trail food             |

## Hiking Clothes &Footwear

- |  |   |
|--|---|
| <input type="checkbox"/> Wide-brimmed hat (sun)          | <input type="checkbox"/> T-shirts (2)             |
| <input type="checkbox"/> Quick-drying pants/shorts       | <input type="checkbox"/> Fleece jacket/wool shirt |
| <input type="checkbox"/> Hiking socks & liners (2-3 pr.) | <input type="checkbox"/> Hiking boots             |
| <input type="checkbox"/> Long underwear (polypropylene)  | <input type="checkbox"/> Warm hat                 |

## Personal Gear

- |   |   |
|---|---|
| <input type="checkbox"/> Backpack                   | <input type="checkbox"/> Pack cover       |
| <input type="checkbox"/> Sleeping bag               | <input type="checkbox"/> Sleeping pad     |
| <input type="checkbox"/> Eating utensils/dishes     | <input type="checkbox"/> Cup              |
| <input type="checkbox"/> Tooth brush/paste          | <input type="checkbox"/> Toilet paper     |
| <input type="checkbox"/> Small towel                | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Zip-loc or food stuff sack | <input type="checkbox"/> Hand sanitizer   |

## Patrol Gear

- |   |   |
|---|---|
| <input type="checkbox"/> Tents              | <input type="checkbox"/> Food                 |
| <input type="checkbox"/> Stove & Fuel       | <input type="checkbox"/> Cook set/pots        |
| <input type="checkbox"/> Biodegradable soap | <input type="checkbox"/> Ground cloths        |
| <input type="checkbox"/> Rope/cord          | <input type="checkbox"/> Garbage bag/bear bag |

## Optional Items

- |  |  |
|--|--|
| <input type="checkbox"/> Camera                | <input type="checkbox"/> Games             |
| <input type="checkbox"/> Notebook & pen/pencil | <input type="checkbox"/> Repair/sewing kit |